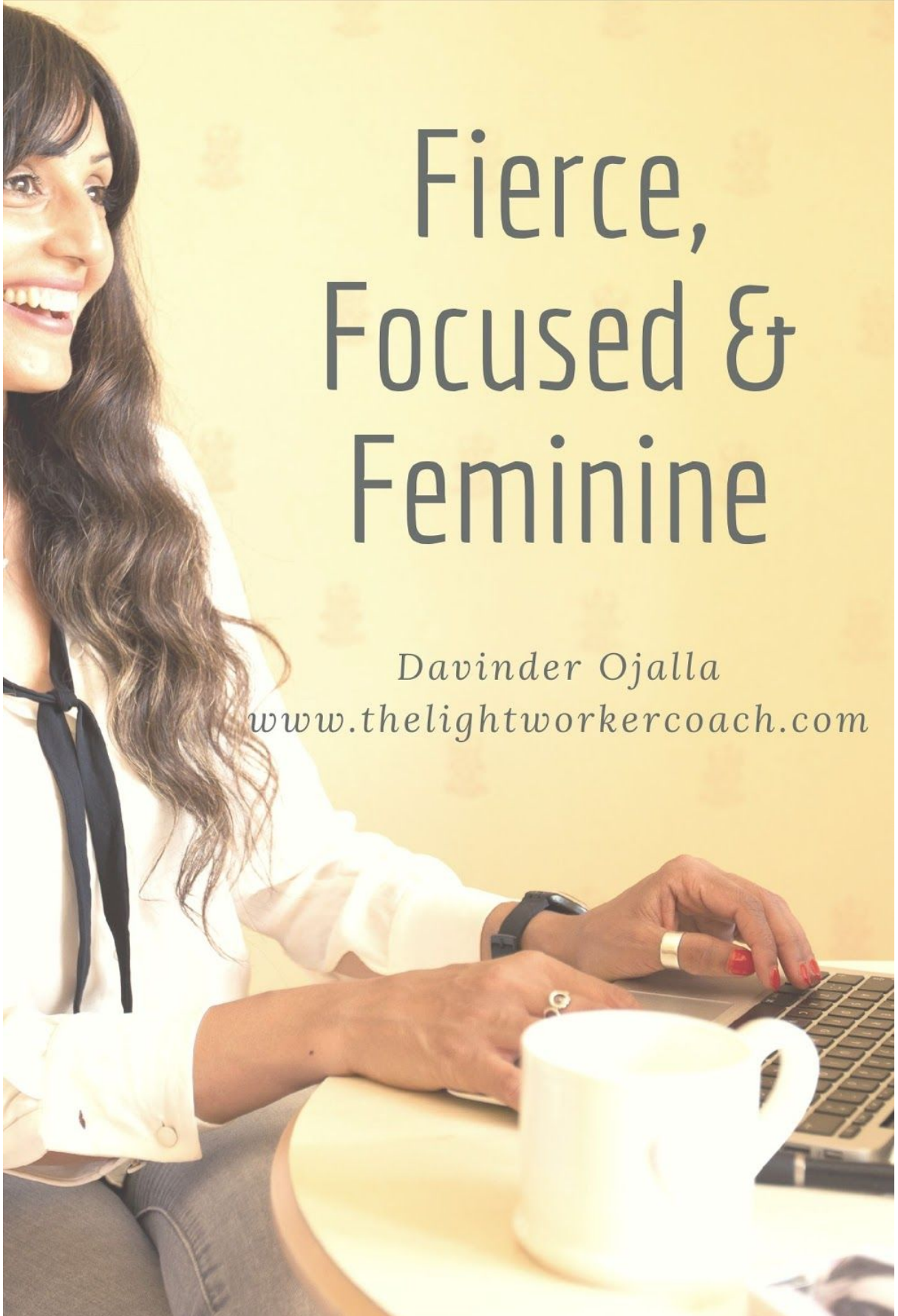


QUARTERLY TOOLKIT

# Fierce, Focused & Feminine

*Davinder Ojalla*

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# Intentions & Commitments

Which major commitment are you going to focus on for the next quarter & why? Prioritise the one that lights you up, makes you feel passionate & steps you towards your fears. Is this aligned to your key values?

Month/ Year - From:

To:

Commitment/ Intention:

List a maximum of 7 milestones to support, help & lead you to fulfilling this intention by our next meet up.

1.

2.

3.

4.

5.

6.

7.

*"You Are Not Going To Master The Rest Of Your Life In One Day., Just Relax,  
Master The Day & Then Just Keep Doing That Every Day"*

# Actions This Month

Month: \_\_\_\_\_

Myself/ Personal	

Relationships/ Connection	

Career/ Business	

# Actions This Month

Month: \_\_\_\_\_

Myself/ Personal	

Relationships/ Connection	

Career/ Business	

# Actions This Month

Month: \_\_\_\_\_

Myself/ Personal	

Relationships/ Connection	

Career/ Business	

## *Quarterly Review*



## *Champion Log*



## *Takeaways*

